



Ingredient Statement and Nutritional Information

#5876 Lemon Bismark

INGREDIENTS: **YEAST DONUT:** ENRICHED WHEAT FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, YEAST, DEXTROSE, SOYBEAN OIL, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SOY FLOUR, DRY WHEY, MONO & DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, NONFAT DRY MILK, CORN OIL, BETA CAROTENE [AS COLOR], ENZYMES, ALPHA TOCOPHEROLS [AS PRESERVATIVE], WHOLE EGG. **FILLING:** LEMON, HIGH FRUCTOSE CORN SYRUP, MODIFIED FOOD STARCH, SUGAR, CORN SYRUP, PALM OIL, PROPYLENE GLYCOL, CITRIC ACID, LEMON PULP, SODIUM CITRATE, LEMON JUICE CONCENTRATE, PROPYLENE GLYCOL ALGINATE, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), SALT, LOCUST BEAN GUM, LEMON OIL, POLYSORBATE 60, NATURAL FLAVOR, MONO & DIGLYCERIDES WITH CITRIC ACID AS PRESERVATIVE, FD&C YELLOW #5. **ICING:** SUGAR, WATER, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND COTTONSEED), CORN SYRUP, CORN STARCH, CONTAINS 2% OR LESS OF: SALT, NATURAL AND ARTIFICIAL FLAVORS, CALCIUM SULFATE, CALCIUM CARBONATE, MONO AND DIGLYCERIDES, AGAR, DEXTROSE, LOCUST BEAN GUM, TITANIUM DIOXIDE, POLYSORBATE 60. **TOPPING:** SUGAR, CORN STARCH, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND/OR COTTONSEED), SOY LECITHIN, DEXTRIN, CONFECTIONER'S GLAZE, FD&C YELLOW #5 LAKE, NATURAL AND ARTIFICIAL FLAVOR, CARNUABA WAX. **CONTAINS WHEAT, MILK, EGG, AND SOY INGREDIENTS.**

Nutrition Facts

Serv. Size: 1/3 donut (46g), Servings: About 3, Amount Per Serving: **Calories** 140, Fat Cal. 50, **Total Fat** 6g (9%DV), Sat. Fat 2.5g (13%DV), *Trans* Fat 0g, **Cholest.** 0mg (0%DV), **Sodium** 125mg (5%DV), **Total carb.** 21g (7%DV), Fiber 0g (0%DV), Sugars 11g, **Protein** 2g, Vitamin A(0%DV), Vitamin C (0%DV), Calcium (0%DV), Iron (4%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.