



Ingredient Statement and Nutritional Information

#105783 Jumbo Bran Muffin

INGREDIENTS: SUGAR, ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), FOOD STARCH-MODIFIED, WHOLE EGG, SOYBEAN OIL, WATER, WHEAT BRAN, BANANA ICING FRUIT (BANANA PUREE (WITH CITRIC ACID AND ASCROBIC ACID), CORN SYRUP, SUGAR, WATER, GUAR GUM, GROUND ORANGES, PECTIN, CITRIC ACID, ARTIFICIAL FLAOR, POTASSIUM SORBATE (AS PRESERVATIVE), ASCORBIC ACID, FD&C YELLOW #5, DEXTROSE, SALT), CONTAINS 2% OR LESS OF: DRY WHEY, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, ALUMINUM SULFATE), SALT, VITAL WHEAT GLUTEN, PROPYLENE GLYCOL MONONSTEARATE, MONO & DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, DEXTROSE, CARAMEL COLOR, CORN STARCH, NATURAL AND ARTIFICIAL FLAVORS, WHEAT STARCH, ALPHA TOCOPHEROL [AS PRESERVATIVE], . **CONTAINS WHEAT, MILK, SOY, AND EGG INGREDIENTS.**

<p>Nutrition Facts Serv. Size: 1/4 muffin (57g), Servings: 4, Amount Per Serving: Calories 240, Fat Cal. 110, Total Fat 12g (19%DV), Sat. Fat 2.5g (12%DV), <i>Trans</i> Fat 0g, Cholest. 35mg (12%DV), Sodium 210mg (9%DV), Total carb. 30g (10%DV), Fiber 1g (5%DV), Sugars 16g, Protein 3g, Vitamin A (0%DV), Vitamin C (2%DV), Calcium (2%DV), Iron (6%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.</p>
