

Quality Dairy Company DEATH BY CHOCOLATE ICE CREAM

Nutrition Facts

Serving Size 1/2 Cup (69g) Serving Per Container 16

Amount Per Serving

Calories 190 Calories from Fat 90

		% Daily Value		
Total Fat	10g	16%		
Saturated Fat 6g		29%		
Trans Fat 0g				
Cholestero	I 25mg	8%		
Sodium	100mg	4%		
Total Carbohydrate		19g 6%		
Dietary Fiber 1g		3%		
Sugars	16g			
Protein	3g			

Vitamin A	4%	Vitamin C	0%	
Calcium	10%	Iron	4%	

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total	Fat	Less Than	65g	80g
Sat I	Fat	Less Than	20g	25g
Chole	sterol	Less Than	300mg	300mg
Sodiu	m	Less Than	2,400	2,400
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 Carbohydrate 4 Protein 4

Ingredients: MILKFAT & NONFAT MILK, SUGAR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, PEANUT OIL, COCOA (PROCESSED WITH ALKALI), SALT, SOY LECHTIN, WATER, DUTCH AND NATURAL COCOAS, CHOCOLATE LIQUOR, GLYCERAL MONOSTERATE, CITRIC ACID AND POTASSIUM SORBATE (PRESERVATIVE), CHOCOLATE COOKIE PIECES{CONTAINS: SUGAR, ENRICHED WHEAT FLOUR, (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PARTIALLY HYDROGENATED VEGETABLE SHORTENING (SOYBEAN AND/ OR COTTONSEED OIL), COCOA (PROCESSED WITH ALKALI), CORN FLOUR, INVERT SUGAR, MODIFIED FOOD STARCH, CHOCOLATE LIQUOR, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE, AMMONIUM BICARBONATE, SALT, ARTIFICIAL FLAVORS, CARAMEL COLOR, SOY LECHTIN (AN EMULSIFIER)}, COCONUT OIL, BUTTER, BROWN SUGAR, BUTTERMILK, NATURAL FLAVORS, ALMONDS, LECHTIN, PECTIN, STABILIZER (CONTAINS: MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN, STANDARDIZED WITH DEXTROSE), SODIUM CITRATE, XANTHAN GUM

CONTAINS MILK, SOY, WHEAT, ALMONDS AND PEANUTS