



Quality Dairy Company COW TRAX ICE CREAM

Nutrition Facts		Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Serving Size 1/2 Cup (69g) Serving Per Container 16		
Amount Per Serving		
Calories 200 Calories from Fat 100		
% Daily Value		
Total Fat 12g	18%	Calories 2,000 2,500
Saturated Fat 6g	29%	Total Fat Less Than 65g 80g
Trans Fat 0g		Sat Fat Less Than 20g 25g
Cholesterol 25mg	8%	Cholesterol Less Than 300mg 300mg
Sodium 45mg	2%	Sodium Less Than 2,400 2,400
Total Carbohydrate 17g	6%	Total Carbohydrate 300g 375g
Dietary Fiber 0g	0%	Dietary Fiber 25g 30g
Sugars 15g		Calories per gram: Fat 9 Carbohydrate 4 Protein 4
Protein 3g		Ingredients: MILKFAT & NONFAT MILK, SUGAR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, PEANUT OIL, COCOA (PROCESSED WITH ALKALI), SALT, SOY LECHTIN, PEANUT BUTTER, PARTIALLY HYDROGENATED PALM KERNEL OIL, DEXTROSE, COCONUT OIL, NATURAL FLAVORS, WATER, ALCOHOL, CARAMEL COLOR, STABILIZER (MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN, STANDARDIZED WITH DEXTROSE)
Vitamin A 4%	Vitamin C 0%	CONTAINS MILK, SOY AND PEANUTS
Calcium 10%	Iron 2%	