

Quality Dairy Company COOKIES & CREAM ICE CREAM

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Nutrition Facts	Percent Daily Values are based on a 2,000			
Serving Size 1/2 Cup (69g)	calorie diet. Your daily values may be higher			
Serving Per Container 16	or lower depending on your calorie needs:			
Amount Per Serving		Calories	2,000	2,500
Calories 170 Calories from Fat 80	Total Fat	Less Than	65g	80g
	Sat Fat	Less Than	20g	25g
	Cholesterol	Less Than	300mg	300mg
% Daily Value	Sodium	Less Than	2,400	2,400
Total Fat 9g 13%	Total Carboh	nydrate	300g	375g
Saturated Fat 5g 26%	Dietary Fiber 25g 30g			30g
Trans Fat 0g	Calories per gram:			
Cholesterol 30mg 10%	Fat 9	Carbohydrate	4	Protein 4
Sodium 30mg 1%				
Total Carbohydrate 20g 7%	Ingredients:MILKFAT & NONFAT MILK, SUGAR, CORN			
Dietary Fiber 0g 0%	SYRUP, HIGH FRUCTOSE CORN SYRUP, CHOCOLATE			
Sugars 12g	COOKIE PIECES (CONTAINS: ENRICHED FLOUR [WHEAT			
Protein 3g	FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE			
	(VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID],			
Vitamin A 6% Vitamin C 0%	SUGAR, VEGETABLE SHORTENING (PARTIALLY			
	HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL),			
Calcium 10% Iron 2%	COCOA (PROCESSED WITH ALKALI), DEGERMINATED			
	YELLOW CORN FLOUR, INVERT SUGAR, CHOCOLATE,			
	LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), SALT, ARTIFICIAL FLAVOR, SOY LECITHIN,			
	NONFAT, MILK.} STABILIZER (MONO & DIGLYCERIDES,			
	GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN,			
	STANDARDIZED WITH DEXTROSE), PROPYLENE GLYCOL,			
	WATER, ETHYL ALCOHOL, NATURAL FLAVORS,			
	ANNATTO EXTRACT (FOR COLOR).			
	CONTAINS MILK, WHEAT AND SOY			
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