



Quality Dairy Company
CHOCOLATE ICE CREAM

Nutrition Facts Serving Size 1/2 Cup (69g) Serving Per Container 16 Amount Per Serving Calories 160 Calories from Fat 70		Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:																					
		Calories	2,000 2,500																				
		Total Fat	Less Than 65g 80g																				
		Sat Fat	Less Than 20g 25g																				
		Cholesterol	Less Than 300mg 300mg																				
		Sodium	Less Than 2400mg 2400mg																				
		Total Carbohydrate	300g 375g																				
		Dietary Fiber	25g 30g																				
<table border="0" style="width:100%"> <tr> <td align="right" colspan="2">% Daily Value</td> </tr> <tr> <td>Total Fat 8g</td> <td>13%</td> </tr> <tr> <td>Saturated Fat 5g</td> <td>26%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 30mg</td> <td>10%</td> </tr> <tr> <td>Sodium 80mg</td> <td>3%</td> </tr> <tr> <td>Total Carbohydrate 19g</td> <td>6%</td> </tr> <tr> <td>Dietary Fiber 1g</td> <td>2%</td> </tr> <tr> <td>Sugars 11g</td> <td></td> </tr> <tr> <td>Protein 2g</td> <td></td> </tr> </table>		% Daily Value		Total Fat 8g	13%	Saturated Fat 5g	26%	Trans Fat 0g		Cholesterol 30mg	10%	Sodium 80mg	3%	Total Carbohydrate 19g	6%	Dietary Fiber 1g	2%	Sugars 11g		Protein 2g		Calories per gram: Fat 9 Carbohydrate 4 Protein 4	
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Vitamin A 6% Vitamin C 0% Calcium 8% Iron 2%		Ingredients: MILKFAT & NONFAT MILK, SUGAR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, COCOA (PROCESSED WITH ALKALI), WHEY, STABILIZER/EMULSIFIER (CONTAINS: MONO-DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN, STANDARDIZED WITH DEXTROSE)																					
		CONTAINS MILK																					