



Ingredient Statement and Nutritional Information

#5124 Glazed Cherry Cake Donut

INGREDIENTS: DONUT: ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WATER, PALM OIL, SOY FLOUR, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, ALUMINUM SULFATE), DRY EGG YOLK, DRY WHEY, SALT, NONFAT MILK SOLIDS, WHEAT STARCH, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVOR, CELLULOSE GUM, GUAR GUM, WHEAT FIBER CONCENTRATE, FRUCTOSE, FD&C RED #40, FD&C BLUE #1, DRIED CHERRIES. **GLAZE:** SUGAR, WATER, MALTODEXTRIN, CONTAINS 2% OR LESS OF: SOYBEAN OIL, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND COTTONSEED), CORN STARCH, AGAR, CALCIUM CARBONATE, MONO & DIGLYCERIDES WITH BHT AS PRESERVATIVE, LOCUST BEAN GUM, CITRIC ACID, SALT, SOY LECITHIN. **CONTAINS WHEAT, MILK, EGG, AND SOY INGREDIENTS.**

Nutrition Facts

Serv. Size: 2/3 donut (56g), Servings: About 1, Amount Per Serving: **Calories** 210, Fat Cal. 80, **Total Fat** 9g (14%DV), Sat. Fat 4.5g (22%DV), *Trans* Fat 0g, **Cholest.** 10mg (3%DV), **Sodium** 270mg (11%DV), **Total carb.** 31g (10%DV), Fiber 1g (4%DV), Sugars 16g, **Protein** 2g, Vitamin A (0%DV), Vitamin C (0%DV), Calcium (2%DV), Iron (8%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.