



## Ingredient Statement and Nutritional Information

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### #11494 Blue Ribbon Oatmeal Raisin Cookie

**INGREDIENTS:** ENRICHED WHEAT FLOUR BLEACHED (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, MARGARINE (PALM OIL, SOYBEAN OIL, WATER, SALT, MONO & DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE (PRESERVATIVE), CITRIC ACID, NATURAL AND ARTIFICIAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE (COLOR), WHEY), RAISINS, ROLLED OATS, WALNUTS, WATER, MOLASSES, INVERT SUGAR, WHOLE EGGS, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, CORN STARCH, MONOCALCIUM PHOSPHATE), NONFAT MILK, SALT, SOY LECITHIN, NATURAL FLAVOR, MONOGLYCERIDES, POTATO STARCH, HYDROGENATED COTTONSEED OIL, SPICE. **CONTAINS WHEAT, EGG, MILK, WALNUTS, AND SOY INGREDIENTS.**

**MAY CONTAIN PEANUTS AND TREE NUTS.**

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| <p><b>Nutrition Facts</b> Serv. Size: 2/3 cookie (34g), Servings: About 1, Amount Per Serving: <b>Calories</b> 150, Fat Cal. 60, <b>Total Fat</b> 7g (10%DV), Sat. Fat 2g (10%DV), <i>Trans</i> Fat 0g, <b>Cholest.</b> 5mg (1%DV), <b>Sodium</b> 140mg (6%DV), <b>Total carb.</b> 19g (6%DV), Fiber 1g (3%DV), Sugars 10g, <b>Protein</b> 2g, Vitamin A(0%DV), Vitamin C (0%DV), Calcium (0%DV), Iron (35%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.</p> |
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